



YOUR INTEGRAL LIFE MATTERS

A Whole-Brain Life Management Mindset for Learning,
Leading and Legacy Success in the American Tradition

A Coffee Table Family Reader

by
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Copyright

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ISBN:

Welcome to the American Learnership Forum (ALF) Inc.

This service line advocates a life management and professional branding mindset for individual, business and community excellence. Together, this Handbook and Website (Curriculum, Graphics and Videos) promote: YOUR INTEGRAL LIFE MATTERS: A Whole-Brain Life Management Mindset for Learning, Leading and Legacy Success in the American Tradition. Contact: Dr. rgarrity@alforum.org



The banner features a navigation bar at the top with links: Home, Program, Training, Master Class, Read Handbook, and Contract. Below the navigation bar is a central graphic with the ALF logo (a red triangle with 'ALF' inside a blue circle) and the text 'The American Learnership Forum'. To the left of the logo are two photos: one of a family reading together labeled 'Personal (Family)' and one of a business meeting labeled 'Organization (Business)'. To the right are two photos: one of a city skyline labeled 'Community (Societal)' and one of a green sign pointing left labeled 'Success' and right labeled 'Failure' with the text 'Life/Career Transitions'. Below the photos is a 'Book Publishing' section with a small logo and a text box stating: 'ALF is a nonprofit community services organization sponsored by American Learnership Solutions (ALS)'. At the bottom of the banner is the text 'Center for Life Management and Professional Branding'.

Information for your ease of learning and application: Please approach this Handbook as a well-researched, comprehensive, integral reference for concepts and practices that may be useful in your adult life – but in need of comparison to your own developing knowledge and maturity as you evolve between ages 25 to 75. We are all similar and different in many ways, but can also be lifelong learners with notable futures.

Be advised that this Handbook and ALF Website at <http://www.alforum.org/read-handbook.html> along with available (many free) workshops and online webinars are all that is needed for you to achieve a quantum leap in your current life/work performance and aspiration for greater happiness. You should contact the author and join our nonprofit “Mentor America” human capital effort for training assistance, preparation of your e-book, and certificate of training, if interested. The Appendix lists book projects you might like. **

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